

Breakfast



BAGEL TRAY - \$19.95

Enjoy an assortment of fresh baked bagels accompanied by three of our delicious homemade cream cheeses. Bagels come sliced and ready to serve. Cream cheese flavors are plain, scallion, veggie, walnut raisin, and strawberry. Serves 12 to 16 people.

BREAKFAST BAKERY TRAY - \$34.95

This tray includes a variety of bite-size scones, muffins, and breakfast breads. Scone flavors are Apple Cinnamon, Blueberry, and White Chocolate Raspberry. Muffin flavors are Blueberry, Banana Nut, and Glorious Morning (carrot cake). Breakfast bread flavors are Orange Poppy Seed, Glazed Lemon, Marble Chocolate Chip, and Cinnamon Streusel. Serves 12 to 16 people.

COFFEE - \$14.95

Choose from our three H&C Coffees: Regular, Decaf, or 2nd Helpings Blend. Coffee comes with cups, stirrers, creamer, and sweeteners. Serves 10 to 12 people.

Lunch

WRAP OR SANDWICH PLATTER - \$45.95

A delicious assortment of flat bread wraps or sandwiches, or a combination of both, stuffed with Boar's Head meats and cheeses and fresh vegetables. This tray comes with three condiments of your choice. Serves 16 to 20 people.



CHEESE SLAW FOR ALL - \$24.95

A large mound of 2nd Helpings' famous cheese slaw accompanied by fresh apple slices and a large bag of our homemade savory bagel chips. Serves 12 to 20 people.



BOAR'S HEAD COMBINATION MEAT AND CHEESE TRAY - \$59.95

Boar's Head Oven-Roasted Turkey, Black Forest Ham, and Choice Roast Beef are partnered with Vermont Cheddar, Baby Swiss, and Provolone on our meat and cheese tray. Serves 32 to 40 people.



BOAR'S HEAD MEAT TRAY - \$49.95

This tray includes generous servings of Boar's Head Oven-Roasted Turkey, Black Forest Ham, and Choice Roast Beef. Serves 32 to 48 people.

BOAR'S HEAD CHEESE TRAY - \$49.95

Our cheese tray features Boar's Head Vermont Cheddar, Baby Swiss, and Provolone. Serves 32 to 48 people.

SOUP FOR A GROUP - \$3.95 per person or \$11.95 for one quart

Soup choices vary by season, so please ask us which soups are available when you place your order. Bagel chips are included with your soup. One quart of soup serves 3 to 4 people.

Dessert

SWEET TREATS SAMPLER TRAY - \$34.95

This sampler tray is filled with bite-size pieces of our delicious dessert bars, cookies, and scones. Serves 24 to 36 people.



DESSERT BAR TRAY - \$24.95

A sampler platter with one dozen of our decadent dessert bars. Serves 12 to 24 people.

BIG COOKIE TRAY - \$18.95

Choose one dozen cookies from these flavors: Chocolate Chunk, Peanut Butter Chunk, Oatmeal Raisin, and Sugar. Serves 12 to 24 people.

Big Box Bargain

\$7.95 per Box

All of our sandwiches are prepared using Boar's Head meats and cheeses and are built on fresh bagels from Roanoke Bagel Company. Our cookies are baked fresh daily! Choose one item from each category below:

Sandwiches:

- Option 1: Oven Roasted Turkey, Sharp Provolone, Romaine Lettuce
- Option 2: Black Forest Ham, Aged Vermont Cheddar, Romaine Lettuce
- Option 3: Seasoned Roast Beef, Baby Swiss, Romaine Lettuce

Sides: Bag of Handcooked Potato Chips, Crisp Apple, or Potato Salad

Cookies: Chocolate Chunk, Oatmeal Raisin, Peanut Butter, or Sugar

Canned Drinks: Coke, Diet Coke, Sprite, or Small Bottled Water



Salads Plus

\$9.95 per Box

Choose one of our Signature Salads: Loaded Chef, Chicken & Fruit, or Chicken Caesar, and add a bag of our homemade bagel chips, a big cookie, and a canned drink. Substitute a House Salad, or Cheese Slaw with Apples Meal instead of a Signature Salad for \$7.95.



Ordering

Please call to place catering orders at least 72 hours in advance. Please ask us about delivery options for your order.

We are happy to offer our Café space for evening meetings and events for orders of \$250 or more. If you would like to use our space for your meeting, please make a reservation at least one week in advance.



RESCUE MISSION

Who knew eating this well could be so virtuous?

100% of the profit from the 2nd Helpings Café goes to provide shelter, food, clothing, and medical care for the homeless. Visit our website to see how your healthy appetite helps those in poverty. Website: www.2ndhelpings.org



2nd
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SHOP • GALLERY • CAFE

Catering Menu

540-491-9409

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